
Parishes

Life is a Pilgrimage

One of the earliest places we find the word pilgrim in the Church is when Augustine describes the life of the Christian – our spiritual journey – as a type of pilgrimage. Approaching life in this way helps us to understand our struggles, our relationships, and our mission.

Is Holiness Weird?

What does our call to holiness mean in real life? The saints, such as St. Francis, give us examples - but how can we imitate the radical life of the saints when we have a job, families, or other responsibilities?

The Battle of Prayer

This talk begins by giving an overview of prayer with suggestions and tips, and then introduces the ancient way of praying with Scriptures called *Lectio Divina*.

Prayer in the Storm

Based on Pope Francis' *Urbi et Orbi* address of March 2020, this talk examines how the storm of life affects our relationship with God and how we approach prayer in the midst of the struggles of life.

Why I Love the Unloveable Church

Are we called to love an institution full of sinners? Or just be a part of it?

When You're too Busy for Advent

We've all been there; we know we need to celebrate Advent, but the world is celebrating Christmas - and we have so much to do! How do we practically incorporate Advent into our lives (without looking like a Scrooge!)?

How Can I Live Lent Better?

In addition to the what, why, and how of Lent, we'll look at a few common traps in the way most people approach the season and how we can live the season more fruitfully.

Eucharistic Revival

The Luminous Mysteries & The Eucharist

Pope John Paul II instituted the Luminous Mysteries of the Rosary and encouraged them to be prayed on Thursdays, the traditional day to celebrate the Eucharist. By looking at these five mysteries through the lens of the Eucharistic mystery, we will increase our devotion to the Eucharist and the Rosary.

Food for the Journey

The Greeks had a custom of giving a meal to those setting out on a journey. While we use this same word, viaticum, to refer to receiving the Eucharist on our deathbed, we are all pilgrims on a journey to heaven here and now. This talk will examine our life as a pilgrimage and the role that frequent reception of Communion and Eucharistic Adoration should play on that pilgrimage.

Parents

A Mission No One Can Accomplish

This talk examines our role as the baptized to answer Christ's call to make disciples. Originally given to teens and parents, it can be adapted to suit your needs.

Anointed & Strengthened: The What and Why of Confirmation

This talk is aimed at parents, to refresh the theology of the sacrament of Confirmation, to inspire them to live their faith, and to help them call their teens to live theirs.

Retreats

The Joyful Mysteries

Delving into Luke's Gospel, this five-part retreat examines the Scriptural stories of each of the Joyful Mysteries to unpack the rich mystery of the Incarnation.

The Women of Scripture

What can the modern woman learn from the ancient woman? This three-part retreat covers several women in the Bible. It can be adapted to suit the needs of the day or the group.

Our Identity in Christ

This three-part women's retreat focuses on our identity as daughter, helpmate, and disciple.

Catechists and Parish Staff

Called to be a Disciple of Christ

What does it mean to be a disciple? It seems like something for other people, doesn't it? Perhaps those who don't live in the world? In this talk, we'll look at the idea of a "witness talk," whether you have one, and what it actually means to be a disciple of Christ.

Being with Him and Being Sent: Jesus and the Catechist

Are you confusing your prayer life and your work? As teachers, it's easy to forget that when we talk about Jesus all day, it's not the same as talking to Him...

Catholic School Teachers and Principals

Being with Him and Being Sent: Jesus and the Teacher

Are you confusing your prayer life and your work? As teachers, it's easy to forget that when we talk about Jesus all day, it's not the same as talking to Him...

The Temperments

Why is self-knowledge important? How can knowing our temperament - and the temperament of others - help us in our work, in our families, and in our spiritual lives? Originally given as a faculty inservice, this retreat can be adapted to suit your needs.

Young Adults

The Art of Waiting

This talk is primarily geared toward young professionals and those who find themselves in that in-between season of life. What is God calling you to do right now? Are you waiting or acting?

Six Lessons of Evangelization I've Learned from Whiskey

Are we really all called to evangelize? In this talk, I'll unpack what it means to evangelize and six things I've learned about evangelization from my favorite spirit.